The evidence is in...

Enhanced Outcomes from Enhanced Stability

Smith&nephew TRIGEN° INTERTAN° Intertrochanteric Antegrade Nail

Supporting healthcare professionals





Lower risk of implant failure and

non-union

Reduced

postoperative pain

Faster time to fracture union

> Proven high return to pre-fracture status

How satisfied are you with current hip fracture outcomes?

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Around **1 in 4** hip fracture patients over the age of 65 die within 12 months¹

n n n

Around **6.6%** will require reoperation due to complications²

And for those who survive:



Your patients can enjoy life after a hip fracture

The evidence is in! Based on data from more than two-dozen published studies, the TRIGEN° INTERTAN° Intertrochanteric Antegrade Nail allows patients to experience:



Lower risk of implant failure and non-union



Reduced postoperative pain



Faster time to fracture union



Proven high return to pre-fracture status

Here's how it works

"Success rate of the operation partly depends on factors that the surgeon cannot influence. Surgeons should therefore be aware of the factors that they can manipulate with a positive outcome." – Brujin et al, 2012



Intertrochanteric rotational stability

The trapezoidal shape provides a pressfit in the metaphyseal region and positions more material on the lateral side of the nail where tensile/ stretching forces tend to be greatest



Control rotation during reduction

A worm gear mechanism converts rotation to active compression while stabilizing the medial fragment



Eliminate medial migration

The head of the compression screw pushes medially against the nail and unloads stress forces off the lateral wall

Maintain compression and eliminate Z-effect

Integrated Compression Screws thread together to generate push/ pull forces that hold compression after instruments are removed and eliminate Z-effect



Prevent periprosthetic fractures

A clothes pin distal tip is less rigid to decrease the stress riser and reduce the incidence of anterior thigh pain HITTE AUTOR



Challenge Postoperative complications

Complication rates are still above 4% and can reach up to 16% in highly unstable fractures⁵



The TRIGEN[°] INTERTAN[°] Solution:

Lower risk of implant failure and non-union^{6,7,8,9,10,11,12,13,14,15}

84%

less

initial rotation and varus collapse⁵





2.5x less varus

collapse when compared to the single screw¹⁷

- Less varus collapse^{5,17,18}
- Less peri-implant fractures^{13,19}
- Effective in reducing the potential role of the tip of the short nail as a stress riser¹³

Why INTERTAN?

The Integrated Compression Screws (ICS) of INTERTAN provide a second point of fixation in the femoral head, and allow for mechanical compression through the implant which is actively maintained after instrument removal. This combination creates strong interfragmentary friction and increases construct stability to resist complications such as rotation and varus collapse.



The TRIGEN° INTERTAN° Solution: Lower risk of implant failure and non-union^{6,7,8,9,10,11,12,13,14,15}



Statistically significant **73% reduction in non-union** (p=0.01)[®] versus comparator devices

"The integrated dual screw device offered significantly increased stability throughout the time interval that would be needed for fracture healing."

– Santoni et al, 2016

No non-unions in radiographic analysis of the TRIGEN INTERTAN nail^{13,19,20}









Challenge pain management

Instability of the bone-implant construct > movement at the fracture site > pain¹¹



The TRIGEN° INTERTAN° Solution: Reduced postoperative pain^{9,10,11,13,14,15}



Statistically significant 54% reduction in chronic hip and thigh pain (p=0.003)[®] versus comparator devices

"When pain is not effectively managed, patients are not able to walk as they did before their injury, and they are more likely to have compromised pulmonary and cardiac function." – Zanzone et al, 2016

"Poorly managed postoperative pain is associated with delayed ambulation, pulmonary complications, and delayed transition to lower levels of care." – Abou-Setta et al, 2011



Statistically significant improvement in postoperative pain and mobility¹⁹

"In our series, intertrochanteric fracture fixation using an INTERTAN nail lead to significantly shorter hospital stay, better functional outcomes, and less pain at 6 months." – Berger-Groch et al, 2016

Why INTERTAN?

With compression actively maintained postoperatively using the ICS screws, INTERTAN is designed to reduce unnatural movement of the hip at the fracture site. Patients with INTERTAN have been shown to experience less pain and therefore may feel more comfortable weight bearing on their implant postoperatively.



Challenge Delayed healing

Insufficient stabilization > excessive motion of the fracture site > delaved healing



The TRIGEN[°] **INTERTAN°** Solution: Faster time to fracture union 9,11,12,13,19, 23.24.25.26.27.28.29

"Excess interfragmentary shear or

rotational movements inhibit repair and can result in a significant delay to healing." - Gaston et al, 2007

Nearly 3 week faster time to fracture union[®] versus comparator devices



5x greater initial rotational stability⁵ In a biomechanical simulated gait study comparing TRIGEN INTERTAN and Gamma3

device

comparing TRIGEN INTERTAN and Gamma3

7x less femoral head rotation¹⁷ In a biomechanical simulated chair rise study

7x reduction in maximum femoral head rotation¹⁷

In a biomechanical simulated chair rise study at the end of 4x body weight loading or until failure

Why INTERTAN?

By properly stabilizing the anatomy and maintaining an anatomical reduction, The INTERTAN ICS screws resist excessive motion in order to create a more stable healing environment. This provides the patient's biology a better chance to achieve an earlier and more successful union at the fracture site



Challenge Poor functional outcomes

Femoral neck shortening > decreases moment arm of abductors > reduced patient function³¹



The TRIGEN^{*} INTERTAN^{*} Solution: **Proven** high return to pre-fracture status^{6,13,19,23}

Statistically significant **higher SF-36 score** in favor of TRIGEN INTERTAN $(p=0.002)^{16}$ versus the comparator in one study⁶



"A large proportion of those patients who survive never recover to their prefracture level of function." – Abou-Setta et al, 2011 "Shortening of greater than 2cm is known to adversely affect locomotor function in otherwise active individuals." – Sanders et al, 2017 "Shortening of the femoral neck was the only significant variable predictive of a low SF-36 physical functioning score." – Zlowodzki et al, 2008



No uncontrolled collapse of the neck19

Less femoral neck shortening^{8,9,17}

Why INTERTAN?

Utilizing the ICS screws for controlled active compression, rather than relying on weight bearing and uncontrolled sliding, helps resist shortening of the femoral neck which can improve patient function. By restoring the patient's natural anatomic measurements and preserving limb length, INTERTAN results in highly successful postoperative ambulatory outcomes.



There is a lack of definitive evidence identifying the superiority of a helical blade or lag screw implant $^{\rm 33}$



"The use of the INTERTAN system may be an improvement in surgery compared to Gamma 3...In our department, we have standardized the use of INTERTAN nail for the treatment of intertrochanteric fractures." - Su et al, 2016



"The results of our study show that the incidence of femoral shaft fractures, rotational loss of reduction, varus collapse of the head/neck, [...] cut-out, and femoral neck shortening were decreased in group IT comparing with group PFNA-II." – Yu et al, 2016



"INTERTAN is superior to DHS in internal fixation stability, thus better applies in cases of osteoporosis and unstable fractures." – Wang et al, 2014



Economic Impact:

In the changing economic landscape of healthcare, better patient outcomes mean better outcomes for hospitals. When considering the costs involved in treating a patient with a hip fracture, the benefits of the TRIGEN° INTERTAN° system – lower risk of implant failure and non-union, reduced postoperative pain, faster time to fracture union, and a proven high return to pre-fracture status – can help you achieve better outcomes more efficiently.



"The priority remains improving functional outcomes and reducing complications. If, as a profession, we are to rise to the challenge of the ageing population, more is going to be needed for less." –Ollivere et al, 2017



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