

Epaderm™ OINTMENT

AN EMOLLIENT FOR DRY SKIN CONDITIONS

- Developed by dermatologists, Epaderm Ointment is a 3 in 1 emollient, skin cleanser and bath additive that provides relief for dry skin conditions. Epaderm Ointment does not contain any fragrances, colourings or additives. It can be used on all dry skin conditions and is suitable for all ages, including babies. Guidelines published by NICE¹ state that greasy emollients like Epaderm Ointment are more effective than non greasy alternatives
- Epaderm Ointment is ideal for use in the wet or dry wrapping technique with Tubifast™ Garments

- 3 in 1 relief for dry skin conditions

- No colourings, fragrances, additives or preservatives

- Developed by dermatologists



- For eczema, psoriasis and other dry skin conditions

- Available in 125g, 500g and 1kg tubs

- Suitable for all ages, including babies

HOW EPADERM OINTMENT WORKS

Epaderm Ointment is an emollient developed by dermatologists specifically for sufferers of dry skin conditions.

Epaderm Ointment offers the three aspects of complete emollient therapy in one,² as it can be used on the skin, as a bath additive or as a skin cleanser.

Epaderm Ointment creates a barrier which aids moisture retention within the skin. It is highly versatile.

ALTERNATIVE EPADERM OINTMENT USES

Using Epaderm Ointment as a skin cleanser

When caring for dry skin conditions, it is vital to ensure that moisturisation is carried out wherever possible. However, it is equally important that no soaps or products containing detergents are used as they will increase water loss from the skin.³ Using Epaderm Ointment as a skin cleanser ensures that dry skin can be properly washed, without losing additional moisture or having to deal with the problems that common soap additives might produce. Scoop a small amount from the tub, lather under warm water and then use as a normal soap.

Using Epaderm Ointment in the bath

Soaking the skin in an emollient, for optimum rehydration, is another key step of complete emollient therapy.²

As Epaderm Ointment contains no fragrances, colourings or additives, baths can be taken as often as required. Take 4g (about the size of a £2 coin) from the tub. Melt this in a tumbler of hot water, ensuring it has cooled sufficiently before adding to the bath. Do not apply hot water directly to the skin. When using Epaderm Ointment as a bath additive, care should be taken, as it will make the surface of the bath slippery.

BENEFITS OF EPADERM OINTMENT

- Epaderm Ointment's formulation contains no fragrances, colourings or additives
- Epaderm Ointment's barrier aids moisture retention within the skin
- Epaderm Ointment can be used on the skin, as a bath additive or skin cleanser and offers complete emollient therapy in one product

References:

1 National Institute for Clinical Excellence. Frequency application of topical corticosteroids for atopic eczema. Technology Appraisal 81, 2004 August

2 Cork MJ, Complete Emollient Therapy. The National Association of Fundholding Practices Official Yearbook. BPC Waterlow, Dunstable 1998: 159-168

3 Fulme AW, Kramer GJ, Stratum Corneum Lipid Abnormalities In Surfactant-induced Dry Scaly Skin, Journal Of Investigative Dermatology 1996; 86: 598-602

- Epaderm Ointment is ideal for use in wet or dry wrapping
- Available in 125g, 500g and 1kg
- Suitable for all ages, including babies

Children usually require 250g per week, and children over 10 years of age and adults usually require 600g per week for application to the whole body.¹

MATERIAL PROPERTIES

- Emulsifying Wax
- Yellow Soft Paraffin
- Liquid Soft Paraffin
- Natural rubber latex is not a constituent of Epaderm Ointment or its packaging

AREAS OF USE

Epaderm Ointment can be used for eczema, psoriasis and all other dry skin conditions. It is suitable for all ages, including babies.

EPADERM OINTMENT ORDERING INFORMATION

Art. No.	Size	PIP Code	NHS Code
99400816	6 x 125g	015-9111	ELZ267
99400817	6 x 500g	027-0652	ELZ268
99400818	6 x 1kg	339-4822	ELZ269

APPLICATION GUIDE

Minimum Adult Amounts Required

Face, Ears, Neck	1 measure twice a day
Arms, Back	2 measures twice a day
Legs	4 measures twice a day
Hands	½ measure twice a day
Genitals	½ measure twice a day

Children under ten years of age require half the above amounts

1 measure (4g Epaderm Ointment)

