Mepilex® Border Heel

Product application guide - optimised for better coverage and easy handling

NEW DESIGN

46% TOTAL COST SAVINGS WITH MEPILEX® BORDER HEEL®
In case of clinical signs of infection, the use of Mepilex® Border Heel may be continued if proper treatment for infection is initiated. Do not use dressing with dry, intact eschar.

Prepare the area:
Cleanse intact skin. Dry the surrounding skin thoroughly. Ensure that skin is free of dimethicone, skin sealants and emollients. Use of skin barrier under dressing is not necessary.

1. After the skin/wound is prepared, dry the area thoroughly. Then remove the central backing and slide the dressing under the heel to the desired location.

2. Apply the adherent part of the dressing marked ‘A’ (see illustration above) to the posterior heel/Achilles tendon areas, positioning the narrowest part of the dressing at the base of the heel. Do not stretch.

3. Remove the backing from one of the area ‘A’ flaps (ankle flaps). Apply and smooth. Repeat with the other side. Do not stretch.

4. Gently apply the adherent part of the dressing marked ‘B’ (see illustration above) under the plantar surface of the foot. Do not stretch.

5. Remove the backing from one of the area ‘B’ flaps (flaps with tabs). Apply and smooth border. Repeat with the other side. Do not stretch.

6. Press and smooth the dressing to ensure the entire dressing is in contact with the skin.

Tips and Tricks:
- Think ‘A’ for ‘Achilles’ to remember how to apply the dressing correctly
- Apply the dressing to clean, dry skin
- Do not stretch the dressing during application
- Apply a non-skid sock if patient is ambulatory—this will also improve stay-on-ability
- Consider the use of Tubifast® or other tubular bandages as extra support for very agitated patients or for those where the dressing comes off prematurely: the dressing is designed with the intention of being gentle to the skin
Pressure ulcer prevention inspection and re-application guide

Note: Re-application is **not** applicable for the treatment of pressure ulcers.

1. Gently pull handling tabs to release dressing from skin.
2. Continue to release the dressing from the skin using the handling tabs until the skin is exposed for skin check.
3. While maintaining the dressing position at the proximal edge of 'A' (see picture), perform assessment of the skin.
4. Re-apply the foam and border of the dressing. Make sure the flaps with the tabs are placed over the ankle flaps.
5. Confirm dressing is replaced to its original position, making sure the border is intact and flat.
6. Press and smooth the dressing to ensure the entire dressing is in contact with the skin.
7. Re-apply non-skid sock if using, especially for ambulatory patients.
For treatment

Mepilex® Border Heel, when used for treatment, effectively absorbs and retains exudate² and maintains a moist wound environment. The Safetac® technology layer seals the wound edges, prevents exudate leakage onto the surrounding skin, thus minimising the risk of maceration³. The Safetac® technology layer allows the dressing to be changed without damaging the wound or surrounding skin² or exposing the patient to additional pain¹.

- Minimises pain and trauma at dressing changes², ⁴, ⁵
- Medial and lateral malleolus coverage to provide maximum protection
- Can remain in place for several days
- Can be adjusted without losing its adherent properties

How Mepilex® Border Heel works

Visual handling tabs provide the user with information on dressing ‘hold’ position

Optimisation of dressing shape to maximise coverage of high risk areas⁷

SAME unique and protective 5-layer design

Medial and lateral malleolus coverage provide maximum protection⁷

Enhanced, thicker dressing borders allow efficient handling⁷

Extrinsic factors

FRICHTION

PRESSURE

SHEAR

MICROCLIMATE

Mepilex® Border Heel ordering information²

<table>
<thead>
<tr>
<th>Art. no</th>
<th>Size cm</th>
<th>Pieces per inner</th>
<th>NHS SC* Code</th>
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<td>282710</td>
<td>22 x 23 cm</td>
<td>10</td>
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</tbody>
</table>

† Packaged sterile in single packs
* When used as a part of an overall prevention protocol ** NHS Supply Chain

Find out more at www.molnlycke.co.uk/BorderHeel

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